

**RADVENT 2010**

**PRINCESS LASERTRON**

# **12/4: FORGIVENESS**

It's hard to come out of a place of resentment, and it takes practice (just like everything).

**PRACTICE FORGIVING ABOUT SMALL, EVERYDAY THINGS.  
(YOU CAN ALWAYS UN-FORGIVE LATER IF IT IS TOO HARD.)**

**WHO AND WHAT ARE YOU  
READY TO LET GO  
OF RESENTMENT TOWARD?**

{ practice this affirmation }

**I FORGIVE MYSELF.  
I FORGIVE EVERYONE.  
I AM TOTALLY FREE.**

**-SARK**